

R & T Farms

KY PROUD FALL CSA WEEK



PARTNER FARM GUIDE

Celebrating Fall CSA Shares

SEPTEMBER 28 - OCTOBER 2, 2026

Welcome to the sixth annual **KY Proud Fall CSA Week**! Thank you for joining us to learn more about Community Supported Agriculture (CSA) programs across Kentucky. Use this guide to explore different CSA models, share types, and farms offering CSA programs near you!

WHAT IS CSA?

Community Supported Agriculture (CSA) is a local farm subscription you sign up for ahead of time. Members pay a portion of the share upfront, which helps the farm pay for seeds, labor, and equipment. In return, CSA shareholders get regular access to the freshest items from the farm and share in the season's risks and rewards.

CSA MEMBER PERKS

CSA makes it convenient to access locally sourced foods while supporting Kentucky farms. Members can pick up their share at several locations, including a neighborhood pickup, a nearby farmers market, or home delivery. They often receive farm newsletters, recipes, and opportunities to stay connected to their farm.



**WANT TO
LEARN MORE?**

VISIT THE
CSA IN KY
FACEBOOK
GROUP!



Watch the **"What is CSA?" video** to hear from farmers and members about this local food model!

CSA SIGNUP TIPS

2026 KY PROUD FALL CSA WEEK

CHOOSE A CSA SHARE SIZE THAT'S RIGHT FOR YOU

Determine the best share size for your household based on how many items you want and how many times you cook at home. CSA farms typically offer various share sizes (small, regular, extra-large) and sometimes different delivery frequencies (weekly, bi-weekly, monthly), which makes CSA programs more flexible for different household sizes and schedules. Check each farm's website for share-size descriptions and delivery options during the season.

PREPARE FOR WHAT WILL BE IN YOUR CSA SHARE

Look for a description of what products the farm grows each season for its CSA program. If certain items are must-haves, contact the farm directly to see whether they will be included in the shares. For produce CSAs, members can expect items to be harvested a few days before pickup and then packed in a box or bag. For meat CSAs, items generally come frozen, are packed in an insulated bag, and can be thawed in the refrigerator for immediate use or stored in the freezer.

SELECT A PAYMENT OPTION THAT FITS YOUR BUDGET

Choose the share payment option that works best for you. Members can often choose to pay in full or in installments. When possible, paying more upfront helps the farm secure critical operating capital early in the season, which is needed to increase production. However, this is not usually required. Several CSA programs offer installment options to better accommodate different budgets.

FIND A CSA PICKUP THAT WORKS FOR YOUR SCHEDULE

Research the farm's pickup options and select the most convenient location, time, and day. CSA shares are typically available for pickup on the farm, at the farmers market, in a neighborhood, or at a business storefront. If none of these options work, some farms also offer home delivery for an additional fee, bringing the CSA share straight to your door. If you're traveling during the season, many farms will also allow a member to pause their share and receive extra items in a future week.

PARTNER FARMS

2026 KY PROUD FALL CSA WEEK

CLICK A FARM
NAME FOR
MORE INFO 



**Barr
Farms**



**Blossom Ridge
Flower Farm**



**Blue Meadow
Beef**



**Danhauer
Greenhouse &
Garden Center**



**Dark Wood
Farm**



**Dove's Landing
Farm**



**Eggleston
Farms**



**Elmwood
Stock Farm**



**Erwin Heritage
Farms**



**Hickory
Grove Farm**



**Hill and
Hollow Farm**



**Lost Acres
Farm**



**Magney Legacy
Ridge Farm**



**Majestic
Greens Farm**



**Need More
Acres Farm**



**Old Homeplace
Farm**



**Planted.
The Market Farm**



R & T Farms



**Rootbound
Farm**



**SLAK Market
Farm**



**The Flower
Market**



**University of
Kentucky Organic
Farming Unit**



**Williams
Heirloom
Produce**

CONNECT WITH A FARM

Curious about a specific farm? Learn more by visiting the farm's website (**just click the farm name**) and reach out with any questions. Partner farms can help you choose the best share size, provide sign-up details, and explain payment options.

CSA SUBSCRIPTION TYPES

2026 KY PROUD FALL CSA WEEK

TRADITIONAL CSA

In this model, customers pay the farmer upfront for a share of the harvest over a set number of weeks. Each week, the farm selects the freshest available items and packs them into a box or makes them available for pickup at a designated location.

CUSTOMIZABLE CSA

Like a traditional CSA, the key difference is more flexibility. Before pickup, customers can adjust their share by swapping items, adding or removing items, and typically pausing during vacation through their online CSA member account.

MARKET STYLE CSA

This is similar to a traditional CSA, but instead of receiving a pre-packed box, members visit the farm's stand and choose their own items. It combines the flexibility of a farmers market with the commitment of a CSA.

FULL-DIET CSA

This share type generally includes multiple products from a farm or a collaboration of farms that can meet most of a member's household food needs. A full-diet CSA share typically includes produce, meat, eggs, dairy, and more.

CSA BY REGION

2026 KY PROUD FALL CSA WEEK

CLICK A FARM
NAME FOR
MORE INFO 

CSA IN LEXINGTON AREA

Dove's Landing Farm   

Eggleston Farms  

Elmwood Stock Farm     

Hickory Grove Farm 

Rootbound Farm    

SLAK Market Farm 

UK Organic Farming Unit  

CSA IN LOUISVILLE AREA

Barr Farms   

Blossom Ridge Flower Farm 

Blue Meadow Beef  

Elmwood Stock Farm     

Rootbound Farm    

CSA IN ELIZABETHTOWN AREA

Barr Farms   

R & T Farms 

CSA IN SHELBYVILLE AREA

Blue Meadow Beef  

CSA IN FRANKFORT AREA

Dove's Landing Farm   

Elmwood Stock Farm     

Lost Acres Farm   

Rootbound Farm    

CSA IN NORTHERN KY

Blue Meadow Beef  

Dark Wood Farm 

Eggleston Farms  

Elmwood Stock Farm     

CSA SHARE TYPE KEY



PRODUCE



MEAT



FLOWERS



EGGS



HERBS



DAIRY



VALUE-
ADDED

CSA BY REGION

2026 KY PROUD FALL CSA WEEK

CLICK A FARM
NAME FOR
MORE INFO 

CSA IN EASTERN KY

Old Homeplace Farm



CSA IN WESTERN KY

Danhauer Greenhouses & Garden Center



Magney Legacy Ridge Farm



CSA IN BOWLING GREEN AREA

Majestic Greens Farm



Need More Acres Farm



Planted. The Market Farm



The Flower Market



Williams Heirloom Produce



CSA IN GLASGOW AREA

Hill and Hollow Farm



Planted. The Market Farm



R & T Farms



The Flower Market



CSA IN DANVILLE & SOMERSET AREA

The Flower Market



CHAT WITH ORGANIZERS

KY Proud Fall CSA Week is organized by the University of Kentucky Center for Crop Diversification, Kentucky Horticulture Council, Kentucky Proud, Organic Association of Kentucky, and The Food Connection at the University of Kentucky. Explore resources and connect with partners in the [CSA in Kentucky Facebook Group](#).



CSA MEMBER RESOURCES

2026 KY PROUD FALL CSA WEEK

OTHER WAYS TO FIND A CSA

Use these resources to keep exploring CSA offerings across Kentucky and find the right one for you.

Check out the CSA in Kentucky Facebook Group and ask an organizer what CSA share type you are looking for in what region or county.

Explore the [Kentucky Proud CSA Directory](#) to find CSA farms near you. To search, scroll to the bottom, select “see all results”, and then browse OR select “filter” to refine the search.

Visit the [Organic Association Find-A-Farm Directory](#) and select the “Find CSA” box to find OAK members that offer a CSA program.



CSA STORAGE & RECIPE TIPS

Find recipes that work well with items in a CSA share from Kentucky farmers.

Search for dishes by season with [Plate It Up Kentucky Proud Recipes](#).

Learn what's in season with the [Kentucky Proud Seasonal Produce Guide](#).

Find other recipes and tips from [Kentucky Farm Share Coalition CSA member handouts](#).

Seasonal Produce Guide

Kentucky Proud

	SPRING	SUMMER	FALL	WINTER									
	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar
Asparagus													
Beans													
Broccoli													
Cabbage													
Carrots													
Cauliflower													
Corn													
Cucumbers													
Eggplant													
Garlic													
Kale													
Lettuce													
Onions													
Potatoes													
Pumpkins													
Radishes													
Squash													
Tomatoes													
Zucchini													



KY PROUD CSA WEEK

September 28 - October 2, 2026

PARTNER FARM GUIDE



Center for Crop
Diversification
Martin-Gatton College of Agriculture,
Food and Environment



The Food
Connection

Hazelfield Farm

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WHAT ARE THE BENEFITS OF CSA?

CSA makes it easy to access fresh, locally sourced foods while supporting Kentucky farms. Members can pick up their share at a community location, farmers market, or opt for home delivery to receive a wide variety of local products throughout the growing season, try new recipes, and enjoy healthy meals.



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Market Style CSA

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Full-Diet CSA

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CSA BY REGION

2026 KY PROUD FALL CSA WEEK

CLICK A FARM
NAME FOR
MORE INFO

CSAs in Eastern KY

Old Homeplace Farm



CSAs in Western KY

Danhauer Greenhouses & Garden Center



Magney Legacy Ridge Farm



CSAs in Bowling Green Area

Majestic Greens Farm



Need More Acres Farm



Planted. The Market Farm



The Flower Market



Williams Heirloom Produce



CSAs in Glasgow Area

Hill and Hollow Farm



Planted. The Market Farm



R & T Farms

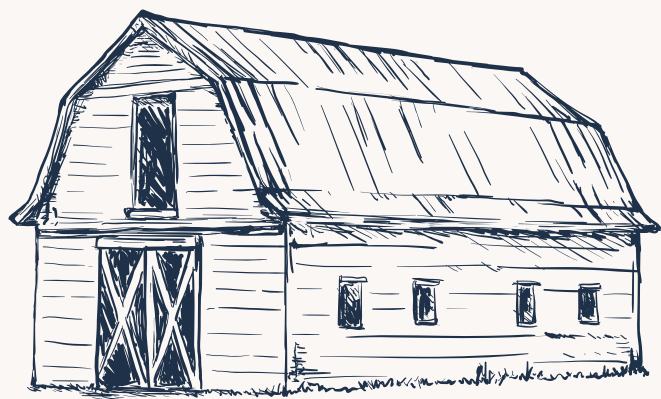


The Flower Market



CSAs in Danville & Somerset Area

The Flower Market



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Go to the [Organic Association Find-A-Farm Directory](#) and select the “Find CSA” box to find OAK members that offer a CSA program.



CSA Storage & Recipe Tips

Check out the [Plate It Up Kentucky Proud Recipes](#) for the Spring Season.

Learn what will be in season with the [Kentucky Proud Seasonal Produce Guide](#).

Find other recipes and tips from [Kentucky Farm Share Coalition CSA member handouts](#).

Seasonal Produce Guide

Kentucky Proud

	SPRING				SUMMER				FALL				WINTER			
	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Apples (per 100)																
Asparagus (per 100)																
Beets (per 100)																
Beans (per 100)																
Broccoli (per 100)																
Brussels (per 100)																
Butterbeans (per 100)																
Carrots (per 100)																
Cauliflower (per 100)																
Corn (per 100)																
Cucumbers (per 100)																
Eggplant (per 100)																
Garlic (per 100)																
Green Beans (per 100)																
Onions (per 100)																
Potatoes (per 100)																
Squash (per 100)																

